

NEBRASKA RESOURCE AND REFERRAL SYSTEM

What is the *Nebraska Resource and Referral System (NRRS)*?

The *NRRS* is a statewide database created with input from Nebraska families, service providers and organizations. The database was designed as a comprehensive internet resource that would be user friendly and easily accessible to individuals and families needing services across the state.

The *NRRS* provides 1-800 NUMBERS as well as WEB SITES and EMAIL CONTACTS to help you connect faster to the services you are seeking. This database provides individuals the opportunity to have a **REAL CHOICE** in the diverse selection of service providers by allowing users to more easily locate and compare services of local and state agencies. This statewide resource includes over 28 searchable categories, 20,000+ resources, and up-to-date index listings.

The *NRRS* is the fastest, most accurate and convenient way of locating valuable resources online.

Not sure where to begin? Start with one of our **self-assessments!**

“The NRRS offers me the resources to find services I need to maintain my independence.”

<http://nrrs.ne.gov>

Providing more than 20,000 services and financial resources to Nebraskans on the Internet.



NEBRASKA RESOURCE AND REFERRAL SYSTEM

CONNECTING NEBRASKANS TO SERVICES AND RESOURCES

Accurate and up-to-date information on thousands of community agencies and organizations that provide services and resources to Nebraskans.

<http://nrrs.ne.gov>



Answers  Families

Providing information, opportunities for dialogue, education and support to Nebraskans with special needs and their families via the Internet.

<http://answers4families.org>

Answers4Families



Answers4Families.org provides Internet based support and information for Nebraskans with special needs. The populations served include families with special needs children, families and communities addressing substance abuse issues, foster and adoptive families, caregivers of persons with Alzheimer's, caregivers of the elderly, and two professional groups—school nurses and services coordinators.

The project maintains a web site with thousands of pages of information and e-mail discussion groups for each of the target groups. The **discussion groups** offer the opportunity to **share information, resources and support** with persons across the state.

The web site contains valuable information for families and professionals including state and national resources, support group schedules, organizations, and tips for coping with a variety of issues. Visitors can access the Nebraska Resource and Referral System to locate services in their area of the state.

There is also an **AskRx service** which provides the opportunity to ask questions of a registered pharmacist and an **Ask the Expert service** featuring a different expert each month. Some of the topics include substance abuse, legal issues, elder care, foster care, etc. This is open to any registered user of *Answers4Families*. There is **no fee to use the services** and it only takes a couple of minutes to register for the discussion groups.

All information provided is confidential and cannot be accessed by persons other than project staff. *Answers4Families* provides a place for those seeking answers, support, or who would like to connect with others who share your concerns.

Visit our web site at:

<http://answers4families.org>

DISCUSSION GROUPS:

You Are Not Alone.

If you are in need of inspiration, advice, or just want to talk to someone that shares your interests, our discussion groups will put you in contact with other people in Nebraska.

Are You Seeking Answers?

Help Line:
800-746-8420
or 402-472-0844
<http://answers4families.org>
info@answers4families.org

You've got questions?
We've got answers!



Connecting Nebraska's Families

When there is someone in your family with special needs, you may find yourself looking for answers. *Answers4Families.org* is Nebraska's support and information connection for families and professionals seeking assistance. The web site provides information, dialogue, education, and e-mail support to several target groups including:

Families with Children with Special Needs. Those with special needs such as physical, emotional, educational, or behavioral disabilities. *Answers4Families* provides information on a variety of topics such as special education services, medical issues, respite, and state and national resources.

Foster & Adoptive Families. Information and resources for foster and adoptive families in Nebraska. There is information regarding support groups and agencies serving foster and adoptive families.

Children's Mental Health. Information for persons in Nebraska dealing with children's mental health issues.

Substance Abuse. Information for families and communities addressing issues related to substance abuse, substance abuse education and prevention.

School Nurses. Provides networking opportunities for School Nurses across Nebraska. This includes newsletters, policy updates, and information on topics such as medication administration in schools.

Services Coordinators. Professionals who provide assistance to persons with special needs in the state of Nebraska. This may be families with young children with disabilities or adults needing support within their communities.

Caregivers of Persons with Alzheimer's. Information on topics such as 'dealing with challenging behaviors,' end of life decisions, nutrition, and the 'safe return home' program.

Assisted Living. Offers Assisted Living Professionals resources and information on Nebraska's policies regarding Assisted Living facilities and the Assisted Living Handbook.

Eldercare. Information on housing, aging services, legal issues, and support. Information provided can help family members to locate suitable resources to assist the elderly.

and much more!

