

# ENDORSEMENT FOR CULTURALLY SENSITIVE, RELATIONSHIP-FOCUSED PRACTICE PROMOTING INFANT AND EARLY CHILDHOOD MENTAL HEALTH®

Endorsement is an internationally recognized credential used to demonstrate specialization in the infant-early childhood mental health (IECMH) field. Endorsement supports and recognizes the development of professionals who work with or on behalf of pregnant people, infants, young children, and their families. Endorsement was developed by MI-AIMH in 2002 and is now used by 35 state associations of infant mental health (AIMHs) and two international associations. Each of those AIMHs is a member of the Alliance for the Advancement of Infant Mental Health. Through the Alliance, Endorsement in Nebraska is recognized in each of the 35 AIMHs!

#### Who can apply?

The Endorsement credential is intended for everyone who applies IMH principles in their work across the full continuum of promotion, prevention/early intervention, clinical intervention/treatment, and macro scopes of practice. This includes any professional who has experience working with or on behalf of pregnant people, infants, young children, parents, and/or other caregivers.

#### Why apply for Endorsement?

- 1. To grow and develop as a professional in the rapidly expanding infant, young child and family field
- 2. To be recognized by employers and peers for having attained a level of competency in culturally sensitive, relationship-focused practice that promotes IMH.
- 3. To better support the infants, young children, families, students, agencies, and institutions in the promotion of IECMH.

#### Steps to Endorsement:

- 1. Identify your scope of work and align that with the category of Endorsement that fits best
  - Promotion (e.g., early childhood education, pediatricians, child welfare, etc.)
  - Prevention/Early Intervention (e.g., home visiting, early head start, IECMH consultation, etc.)
  - Prevention/Early Intervention & Macro (e.g., home visiting AND reflective supervision)
  - Clinical Intervention/Treatment (e.g., infant/child parent psychotherapy, Child First, etc.)
  - Macro (e.g., researcher, provider of reflective supervision, policy maker, etc..)
- 2. Register on EASy, NAIMH's web-based system for applying for Endorsement. Visit EASy at https://naimh.myeasy.org/. The first time you visit EASy, click Register under New Applicant
- EASy asks you to provide some details about your work, education, and RSC experiences. Complete and submit, including payment of the registration fee and up-to-date NAIMH membership
- 4. Log into EASy and prepare your application (Talk to our endorsement coordinator if you need any help). Once completed, submit application along with payment of the processing fee.
- 5. Application review and, for Infant Mental Health Specialist & Infant Mental Health Mentor applicants, successful completion of a written exam
- 6. Endorsement! Begin using the IMH-E<sup>®</sup> credential after your name

### The application includes:

- 1. Specialized education, work, in-service training, leadership, and RSC experiences
- 2. Transcripts (unofficial) from colleges/universities where competencies were met
- 3. Three reference rating forms; completed electronically via EASy
- 4. Code of Ethics, signed electronically via EASy
- 5. Endorsement Agreement, signed electronically via EASy

SELECT YOUR NAIMH INFANT MENTAL HEALTH ENDORSEMENT (IMH-E®) PATHWAY BASED ON YOUR SCOPE OF WORK

	Infant Family Associate	Infant Family Specialist	Infant Mental Health Specialist	IMH Mentor - Clinical, Research/Facult y, or Policy	(Add-On) Endorsed Reflective Supervisor
Scope of Work	PROMOTION	PREVENTION/ EARLY INTERVENTION	CLINICAL INTERVENTION/ TREATMENT	MACRO	Prerequisite: Family Specialist or Mental Health Specialist Endorsement®
Education	Any academic degree <sup>1</sup>	No Degree	Masters, Post-Graduate	Masters, Post-Graduate	NA
Work Experience	Min. 2 yrs. of early childhood related work experience or volunteer experience in an applicable role <sup>2</sup>	Min. 2 yrs. of prevention and/or early intervention services with 3 up to 6 yr. olds & their caregivers/families; served a min. of 10 families	Min. 2 yrs. post-masters ECMH practice working on behalf of caregiver-young child relationship	Min. 3 yrs. as an ECMH practice leader Plus provider of RSC for 3+ yrs. (Clinical)	NA
In-Service Training	Min. 30 hrs.	Min. 30 hrs.	Min. 30 hrs.	Min. 33 hrs. (Policy & Research/Faculty) Min. 48 hrs. (Clinical)	Min. 15 hrs.
References	3	3	3	3	2
Reflective Supervision with a Qualified Provider	Not required	Min. 24 hrs. received	Min 50 hrs. received	Min. 50 hrs. received; 25 hours about the provision of RSC (Clinical only)	1 year of providing RSC to infant-family professionals while receiving 12 hours of RSC from a qualified provider about your provision of RSC to others.
Written Exam	No	No	Yes	Yes	No

Level	<b>Registration Cost</b>	Processing cost
Infant Family Associate	\$15	\$25
Infant Family Specialist	\$15	\$50
Infant Mental Health Specialist	\$25	\$200
IMH Mentor - Clinical, Research/Faculty, or Policy	\$25	\$300
(Add-On) Endorsed Reflective Supervisor	\$0	\$75

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## NE.IMHEndorsement@gmail.com

{To learn more about the AIMHs who are using the Endorsement credential, visit allianceaimh.org} www.neinfantmentalhealth.org