

Why join the Nebraska Association for Infant Mental Health?

Becoming a part of NAIMH gives you the opportunity to join a statewide learning community that studies and promotes the social emotional well-being of young children. Plus, you'll have access to:

- Live and recorded webinars
- Information about infant, toddler and early childhood mental health
- Listings of upcoming early childhood-related trainings in Nebraska
- The ability to apply for Infant Mental Health Endorsement™



Find out more.

Connect with us on Facebook
or go to: [NEinfantmentalhealth.org](https://www.NEinfantmentalhealth.org)



Nebraska Association
for Infant Mental Health



**Promoting the mental well-being
and health of infants and young
children across Nebraska**

What is Infant/Early Childhood Mental Health

Infant and early childhood mental health encompasses young children's developing capacity to experience, manage and express emotions; form close, secure relationships; and actively explore and learn – all in the context of a care giving environment that includes family, community and culture.



Why are we here?

Our interdisciplinary and neutral organization supports and encourages coordination and collaboration efforts to help children and families develop optimally. In doing so, we also aim to:

- Promote and support nurturing relationships for all infants;
- Provide a forum for interaction and study among professionals, students, and parents;
- Advocate for application of infant mental health principles for services to infants and young children and their families;
- Distribute educational materials that promote increased understanding of infant mental health issues.

We are devoted to:

- Promotion of healthy social and emotional development
- Prevention of mental health problems
- Treatment of the mental health problems of very young children in the context of their families



Infant Mental Health Endorsement

NAIMH is a member of the Alliance for the Advancement of Infant Mental Health™ a collaborative, global organization that includes more than 30 states and international associations which have licensed the use of the Competency Guidelines® and Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health.



Become a Member.

For more information, to become a member and connect with us on Facebook go to:
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